



## BIOGRAPHY

**Clare Della Valle** (*she/her*)  
Hero, Episode "Clare and Isabel"

Clare, 21, is a rising junior at Cornell University studying Industrial and Labor Relations. At 17, Clare co-founded a chapter of the non-profit Period: The Menstrual Movement. Over two years, she along with her co-president and best friend, Isabel Lam, grew the organization from 2 members (themselves) to over 100. They also lobbied their school board to provide free menstrual products in all high school and middle school girls restrooms. After their success locally, they went on to lobby the Pennsylvania state government to provide free products in schools as well. She continues her period activism at Cornell by sitting on the executive board of the Cornell Period chapter as Advocacy Chair running all of the chapter's programming.