



WAYFINDER FRUIT FEAST

Disney Moana and her wayfinders need lots of energy to explore the seas. Make this energising fruity feast and feel prepared to sail the Polynesian oceans.

Directions

1. Prepare the fruit by peeling the banana and washing the blueberries in cold water and patting them dry.
2. Cut the skin off the mango and then slice into fingers.
3. Cut the skin off the pineapple and slice into finger shapes.
4. Cut the skin off the kiwi and slice into rounds.
5. Slice the orange and the banana.
6. Arrange the fruit on your platter, filling the corner gaps with handfuls of coconut pieces and blueberries. Leave a space in the middle for the dip bowl.
7. Mix together the Greek yoghurt and your choice of honey or coulis. Add your mixture into a dipping bowl.
8. Place the dip bowl in the centre of the fruit platter and enjoy your platter with your family and friends.

- Makes 1 large fruit platter to feed 4

Ingredients

- 1 kiwi
- 1/2 pineapple
- 1 mango
- 1 orange
- 1 banana
- 1 cup blueberries
- 1 pack chopped coconut
- 1 cup full fat Greek yoghurt
- 1 tbsp honey or fruit coulis

Equipment needed:

- one large plate or platter
- a small bowl and spoon
- a knife

Tip

Requires adult supervision.

You can experiment with different fruit for your platter and trying something new each time!

