

# Disney HERCULES

Lesson 1

## WHAT MAKES A HERO?

CURRICULUM AREA

PSHE

### MATERIALS

- ✦ Image of Disney's *Hercules*
- ✦ 'Always, Sometimes, Never' table worksheet

### VARIATIONS

- ✦ Display a variety of images around the room, which can be real people or fictional characters. Pupils go and stand by a picture around the room or pick-up from a central bank the image that they think best represents a hero. Explore why they made this choice.
- ✦ Teachers can amend the statements/vocabulary for their age group, to refer to their own school values or their cohort. Some words or statements might need visuals to help understanding.
- ✦ **Extension:** Pupils create a job description or character profile for a hero.

### INTRODUCTION/HOOK

Show the children an image of the muscular Hercules and ask the children what makes you think this character is a hero? Children discuss and feedback.

Encourage pupils to think about whether they can answer this question purely on an image or whether they need more information.

Being a hero is more about who we are, how we behave, and our actions.

### MAIN ACTIVITY

What heroes do you know? Have you thought about people in real life?

Teacher models sorting a vocabulary/statement (see lesson 1 worksheet) into a 'Sometimes, Always, Never' table.

Pupils work with partners or in small groups to sort vocabulary/statements on their own table.

Class feedback and discussion.

**Extend:** Create a class version. Can statements be in more than one section? Were some statements harder to sort than others? Do any words have more than one meaning i.e. strong (physically or mentally).

### PLENARY/REFLECTION

We can all be heroes in our own way.

**Partner talk:** Can you pick a word/statement from the activity and explain how you have demonstrated this quality before? Does anyone wish to share with the wider group?



Disney's *Hercules*

# WHAT MAKES A HERO?

NAME

Can you work with your partner or group to sort the vocabulary and statements below?

# A HERO IS ALWAYS...

# A HERO IS SOMETIMES...

# A HERO IS NEVER...

**CRUEL**

# SLAYS MONSTERS

**TRUTHFUL**

**STRONG**

# TALL

KIND

# MANIPULATIVE

**FRIENDLY**

# SAVES PEOPLE

# COURAGEOUS

# INTELLIGENT