

Disney's "Hercules" the musical: Hero Training Plan

We are offering Strava.com members the opportunity to win some exciting Disney's "Hercules" the musical prizes! The winner will receive a Hercules VIP theatre night for two in London and ten runners-up will each receive an item of merchandise.

See full terms and conditions below.

How to enter:	<p>Members of Strava.com who successfully complete the Hercules: Hero Training Plan challenge and have logged their progress and completion of the challenge in their Strava.com account by the Closing Date will receive the online completion badge in their Strava.com trophy cabinet.</p> <p>On receiving the online badge for completion by the Closing Date, Strava.com will provide a link to the Disney website in order for participants to submit their details and enter.</p> <p>Once directed to the Disney website, participants will need to login to their MyDisney account or register for a MyDisney account to enter this prize draw.</p> <p>One (1) winner and ten (10) runner-up winners will be selected at random from all valid entries received.</p> <p><i>Please note:</i></p> <p>GPS, virtual, and manual activities will count towards the Challenge goal. Please refer to the qualifying activities section for details. There is no minimum time per activity. Challenge progress is determined by an activity's moving time.</p> <p>Activities visible to "Everyone", "Only You" or "Followers" are eligible for this Challenge. To respect activity visibility settings, only activities marked as visible to Everyone will be applied toward leaderboard rankings. Your followers may see notifications that you've joined or completed this Challenge, but your activities will remain private according to your Privacy Controls.</p> <p>Activities logged during the Challenge must be uploaded to Strava no later than three days after the Challenge ends.</p>
Start Date:	2 nd January 2026 at 9.30am GMT.
Closing Date:	3 rd February 2026 at 4pm GMT.
Entry Restrictions:	<ul style="list-style-type: none">* You must be 18 or over to enter ("<i>Age Group</i>")* You must be a resident of the UK <i>excluding</i> Northern Ireland, the Republic of Ireland, Channel Islands and Isle of Man ("<i>Residents</i>").* You must be a Strava.com member and log completion of the Hercules: Hero Training Plan challenge in your Strava.com account* You must have a MyDisney account to enter
Prize Details:	<p>Grand Prize (1 Winner): One (1) winner will receive a "Hercules" VIP London Theatre Experience for Two, which includes:</p> <p><u>Tickets:</u> Two (2) tickets to an evening (7.30pm) performance <i>Disney's "Hercules" the musical</i> at the Theatre Royal Drury Lane in London for the winner and one guest to attend the show together, performance date to be between March and July 2026 with the exact date, time and seat locations to be determined by Disney in its sole discretion. Excludes performances taking place during school holidays and other blackout dates may apply. Winner must be parent/guardian to their guest if their guest is under 18 years of age. Please note that the show is suitable for children aged 7 years and above and children under the age of 4 (including babes in arms) will not be permitted to enter the theatre. In the event the show does not take place, is cancelled or terminated,</p>

	<p>Disney shall provide tickets to an alternative performance on such dates and times as agreed between the parties separately in writing.</p> <p><u>Accommodation:</u> Accommodation in London for the winner and their guest on the night of the performance of the show in a twin room at a minimum 3* hotel on a bed and breakfast board basis. Please note, winner and their guest will be sharing a room.</p> <p><u>Pre-theatre dinner:</u> A pre-theatre meal and soft drinks for the winner and their guest up to the value of £200. Please note that alcohol is not included. Any alcohol and any costs incurred over £200 shall be at the winner and their guest's sole expense.</p> <p>The selection of the hotel and restaurant provided as part of the prize package shall be at Disney's sole discretion.</p> <p>Any costs incurred in addition to the tickets, accommodation and pre-theatre dinner as listed above are at the winners and/or the winner's guests own expense, including but not limited to return travel to London, meals, refreshments, merchandise, incidentals and any other expenses.</p> <p>The prize must be booked and confirmed by Wednesday 25th March 2026.</p> <p>Tickets and reservations are subject to availability and any applicable venue policies.</p> <p>Once the winner has selected and confirmed their performance date with Disney, theatre tickets and hotel bookings cannot be exchanged, transferred or refunded.</p> <p>Runner-Up Prizes (10 Winners): Ten (10) runner-up winners will each receive one (1) item of "Hercules" the musical merchandise – a Hercules Zero to Hero Duffel Bag (value £40). Hercules Zero to Hero Duffel Bag (value £40). Subject to availability. In the event of circumstances beyond Disney's control, Disney reserves the right to substitute the prize with an item of equal or greater value.</p>
Winner Selection process	<p>Winners will be selected at random from all valid entries received.</p> <p>Winners will receive confirmation that they have won via email to the email address associated with their MyDisney account by 4pm GMT on 1st February 2026. Winners must respond to that email within seventy two (72) hours of being notified that they are a winner in order to claim their prize. Runner-up winners will also be required to provide their UK resident postal-address in their email in order to receive their prize.</p> <p>If no response is received within the timeframe set out above then the prize shall be forfeit and Disney reserves the right to award the prize to a substitute winner. Disney shall have no liability in respect of the entry initially selected. Disney's decision is final and no correspondence will be entered into.</p> <p>Winners may be required to provide proof of completion of the Hercules Hero Training Plan in order to claim their prize.</p>
Prize Fulfilment:	<p>Grand-prize Winner: After claiming their prize via email, the winner of the grand prize will be emailed a selection of available performance dates between March and July 2026. Winner must email Disney three (3) choices of dates from the selection provided no later than Wednesday 25th March 2026. Disney will confirm the date of the performance within three (3) business days after receiving Winner's options.</p> <p>The hotel stay and pre-theatre dinner is supplied by SHINE CREATIVE SOLUTIONS, 357c Archway Road, London, N6 4EJ (the "Supplier"). Disney will pass on the winner's name and email address to the Supplier who will be responsible for fulfilment of the hotel stay and pre-theatre dinner elements of the prize. Disney reserves the right to replace the prize with an alternative prize of equal or higher value if circumstances beyond Disney's control makes it necessary to do so.</p>

	Runner-up Winners: After claiming their prize via email and providing their UK resident postal address within the specified timeframe (as set out in the <i>Winner Selection</i> section above), runner-up winners will receive their prize within 28 (twenty-eight) days after replying to their winner notification and acceptance email. All runner-up prizes will be posted via recorded delivery without prior notification. Please ensure your correct postal address is provided to Disney via email when you reply to your winner notification email.
Customer Services / Contact Details:	If you have any questions please contact Guest Services at help@disneytickets.co.uk or write to The Walt Disney Company Limited, 3 Queen Caroline Street, London, W6 9PE quoting the name of the competition.

General Terms & Conditions

The promoter of this competition is The Walt Disney Company Limited (company number 530051) registered in England and Wales with registered offices at 3 Queen Caroline Street, London W6 9PE ("Disney"). If you have any questions please contact Customer Services at help@disneytickets.co.uk.

BY PARTICIPATING YOU AGREE TO THE REQUIREMENTS SET OUT IN THE COMPETITION RULES, ALL PROMOTIONAL MATERIALS, DISNEY'S [TERMS OF USE](#) AND THE FOLLOWING GENERAL TERMS AND CONDITIONS.

1. Eligibility.

- a. You must have an eligible MyDisney Account to enter.
- b. This promotion is open to Residents in the Age Group only. Unless the Competition Rules state otherwise this competition is not open to employees of Disney (or their immediate families), its agencies or any person directly associated with this competition. Any entries submitted by such persons will be invalid.
- c. Maximum one entry per person unless otherwise stated in the Competition Rules. Entries via agents or third parties or use of multiple identities and email addresses are not permitted. Use of automated entries or programs or any other mechanical or electronic means that enables the making of multiple entries is prohibited and all such entries will be disqualified.
- d. Entries must be completed by the Closing Date. Entries received after this time will not be valid. Disney is not responsible for any technical, communication or other issues that may prevent the receipt of your entry.
- e. Disney reserves the right at any time to request proof of identity, to verify eligibility conditions, or to award any prize to the winner in person or a substitute.

2. Personal Information.

- a. To enter we will ask you to either login to your MyDisney Account or register for a MyDisney Account. Your personal information will only be processed in accordance with Disney's current published Privacy Policy and UK & EU Privacy Rights notice (click [here](#) to view) and may be passed to our agents to administer the competition or send out prizes. We may also use your personal information to promote the competition and Disney products and services (including the products and services of any partner sponsoring or otherwise participating in the competition) in any media including, without limitation, TV, online and publishing channels and social media platforms.
- b. Personal information will only be used for marketing purposes if you have consented to receive future marketing communications from Disney (you may have already done this if you have registered your personal information with Disney previously).
- c. By entering this competition, entrants agree that their information may be used by Disney to administer and fulfil the competition and winners consent to the use of their name and county for the winners' list and to enable Disney to comply with any regulatory or legal obligations including notifications to the ASA.

3. Winner Selection.

- a. Winners will be selected in a random draw performed using computer software to take place following the Closing Date from all correct/valid entries received.

- b. Disney reserves the right to ask winners to sign a written release, request proof of identity and verify the entry before awarding any prize.
- c. Disney's decision to select any winner or runner-up is final and we reserve the right not to correspond on any matter.

4. **Prize Confirmation & Acceptance.**

- a. If at any time we require a response from any winner before awarding any prize and:
 - (i) no response is received within the time as set out in the Competition Rules of us having attempted to make contact; or
 - (ii) a winner declines to accept the prize, or
 - (iii) the requested documentation stated in the Competition Rules is not received by Disney in time; or
 - (iv) the winner becomes unavailable;

Disney reserves the right to withdraw prize entitlement and award the prize to a substitute winner chosen at the same time as the first name(s) are selected or judged to be a winner.
- b. Any prize which is returned or cannot be delivered will be used for another competition or given to charity. Disney has no responsibility to anyone who has not responded.

5. **Prize Fulfilment.**

- a. No cash or other alternative prizes are available, except that in the event of circumstances outside of its control Disney reserves the right to substitute a similar prize of equal or greater value. Prizes cannot be transferred or sold by winners.
- b. Unless otherwise stated in the prize description, winners and the guest of the grand prize winner are solely responsible for all additional costs and expenses associated with claiming the prize.
- c. Disney reserves the right to ask winners to sign a written release before awarding any prize.
- d. Prizes will only be delivered to an address within the UK. It is the responsibility of the winner to inform us if their contact details change. Disney reserves the right to request proof of identity and address. In the event that proof is not provided to Disney's reasonable satisfaction we may withdraw the prize and select an alternative winner.

6. **Cancellation or Disqualification.**

- a. Disney reserves the right to disqualify:
 - (i) late, misdirected, incomplete, corrupted, lost, illegible or invalid entries;
 - (ii) entries where appropriate parental authorisation or a requested release form is or was not provided; or
 - (iii) entrants whose conduct may bring Disney into disrepute (as Disney may determine in its discretion)
- b. Disney reserves the right to modify, amend, suspend, cancel or terminate the competition or extend or resume the entry period or disqualify any participant at any time without giving advance notice and will do so if it cannot be guaranteed that the competition can be carried out fairly or correctly for technical, legal or other reasons or if Disney suspects that any person has been manipulating entries or the results, or has provided false information or has acted unethically in any other way.

7. **Disney's Liability.**

Disney has arranged this competition in good faith but, to the fullest extent allowed by law, accepts no responsibility for loss or damages which results from participation in the competition or any aspect of any prize awarded except for any liability which cannot be excluded by law. Your rights as a consumer are not affected.

8. **Email safety.**

In the event that Disney wishes to contact you in connection with your entry we will do so via an email ending in 'disney.com' or by phone with a follow up e-mail. Any email which appears to come from Disney but using a different ending (e.g. hotmail.com, yahoo.com etc) should be treated with suspicion and forwarded to Customer Services. DO NOT respond or act on any e-mail if you are not sure that it comes from Disney. If you are in any doubt please contact Customer Services.

9. **Publicity.**

- a. Winners and/or runners up may be required to participate in reasonable publicity related to the competition without payment or further permission being sought by Disney. You agree that Disney may publish first name, surname initial, age and/or town/city/county.
- b. If filming is required the winners and/or the guest of the grand prize winner (and/or the winner on behalf of their guest if they are parent/guardian to a guest under 18 years of age) may be asked to consent to being filmed (the "*Contribution*"). If consent is given the winner and/or their guest shall assign to Disney all rights of whatsoever nature, including all copyright in respect of the Contribution and grant all further consents or licences necessary to enable the fullest use of the Contribution throughout the universe and without any time limit by any and all means in any and all media, whether now known or hereafter developed, without liability or acknowledgment.

10. **Winners' details.**

To receive information regarding the winners (and, if applicable, their winning entries) send a stamped and addressed envelope to the Customer Services address set out above quoting "Winners List" and the name of the competition.

11. No purchase necessary unless specified otherwise in the Competition Rules.
12. Disney's decision to select any winner is final and we reserve the right not to correspond on any matter.
13. The laws of England and Wales apply and any disputes will be dealt with in the English courts only.