



LIMITLESS

LIVE BETTER NOW

In **LIMITLESS: LIVE BETTER NOW**, from Academy Award®-nominated filmmaker Darren Aronofsky and his production company Protozoa, Jane Root's Nutopia, and Chris Hemsworth and Ben Grayson's Wild State, Chris returns with a bold new mission: discovering how we can all live better—starting today. Filmed across six countries over two years, Chris draws from cutting-edge science and the wisdom of elders to push himself further than ever—both physically and mentally—as he confronts some of life's most universal challenges: pain, fear and cognitive decline. With no prior experience, he learns to play the drums for a live performance with GRAMMY Award®-winner Ed Sheeran. Then, he scales a dizzying 600-foot climbing wall in the Swiss Alps to embrace risk. Finally, he joins the South Korean Special Forces, enduring electrocution and pepper spray, to confront his long struggle with chronic pain and reconfigure his response to it. In each episode, what Chris discovers can help us all change our lives.

Title:	Limitless: Live Better Now
From:	National Geographic
Category:	Documentary Series
Episodes:	3
Produced by:	Protozoa Pictures Nutopia Wild State
Executive Producers:	Tom Watt-Smith

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