



BIOGRAPHY

Alex Honnold

Professional Rock Climber

Alex Honnold is a professional rock climber whose audacious free-solo ascents of America's biggest cliffs have made him one of the most recognized and followed climbers in the world. A gifted but hard-working athlete, Honnold is distinguished for his uncanny ability to control his fear while scaling cliffs of dizzying heights without a rope to protect him if he falls. His humble, self-effacing attitude toward such extreme risk has earned him the nickname Alex "No Big Deal" Honnold.

This Sacramento, California, native's most celebrated achievements include the first and only free solo climbs of the Moonlight Buttress (5.12d, 1,200 feet) in Zion National Park, Utah, and the Northwest Face (5.12a) of Half Dome (2,200 feet) in Yosemite National Park, California. In 2012 he achieved Yosemite's first triple solo: in succession, climbing the National Park's three largest faces—Mount Watkins, Half Dome and El Capitan—alone and in under 24 hours. In 2017, Alex completed the first and only free solo of El Capitan's Freerider Route (5.13a, 3,000 feet), a historic accomplishment that has been hailed by many as one of the greatest sporting achievements of our time. The story of this feat was told in the Academy Award-winning documentary, "Free Solo." With or without a rope, Honnold believes climbing is a fantastic vehicle for adventure. It is an opportunity to seek out high-test moments with uncertain outcomes in which you're forced to push through to survive.

Though Honnold often downplays his achievements, his ropeless climbs have attracted the attention of a broad and stunned audience. He has been profiled by "60 Minutes" and The New York Times, featured on the cover of National Geographic, appeared in international television commercials, and starred in numerous adventure films, including the Emmy-nominated "Alone on the Wall." He is the founder of the Honnold Foundation, an environmental non-profit.